



Covered California's 4th open enrollment begins Nov. 1

BY JON KONJOYAN ON OCTOBER 27, 2016

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Local expert Naama O. Pozniak offers affordable insurance solutions

Award-winning Valley Village-based Naama O. Pozniak and her team at A+ Insurance Services are ready to help the community navigate Covered California open enrollment options starting November 1st and insurance customers. "Unless you really need to keep your current provider, doctor or hospital, we recommend looking into other available networks and options. We have that information available for you," says Pozniak.

Their consultation services are available at no cost to you.

"We offer creative solutions for people, combining innovative thinking, technology and the online enrollment process to assist and educate our clients and help navigate them through the system," she continued.

"Solutions are based on the individual's needs, so it is very personal. This is why it's important to speak to someone who understands the upcoming market and the future; people like us who are involved in the policy-making and legislative on both the state and national level," she explains.

Prevention and healthy living are Pozniak's mantra. "Don't fall into the system in the first place," she cautions. She advocates stress reduction and healing your brain via meditation and yoga. Healthful food, a supportive community and sound sleep are all recommended.

Finally, Pozniak reflects on the current season, reminding people to vote and appreciate what they have. "We are grateful to be of service to the community for so many years on this eve of Thanksgiving and are humbled by the opportunity."

A+ Insurance can be reached at (818) 508-7177 or visit RightPlan.com or drop by 12500 Riverside Dr., Suite 206, in Valley Village.

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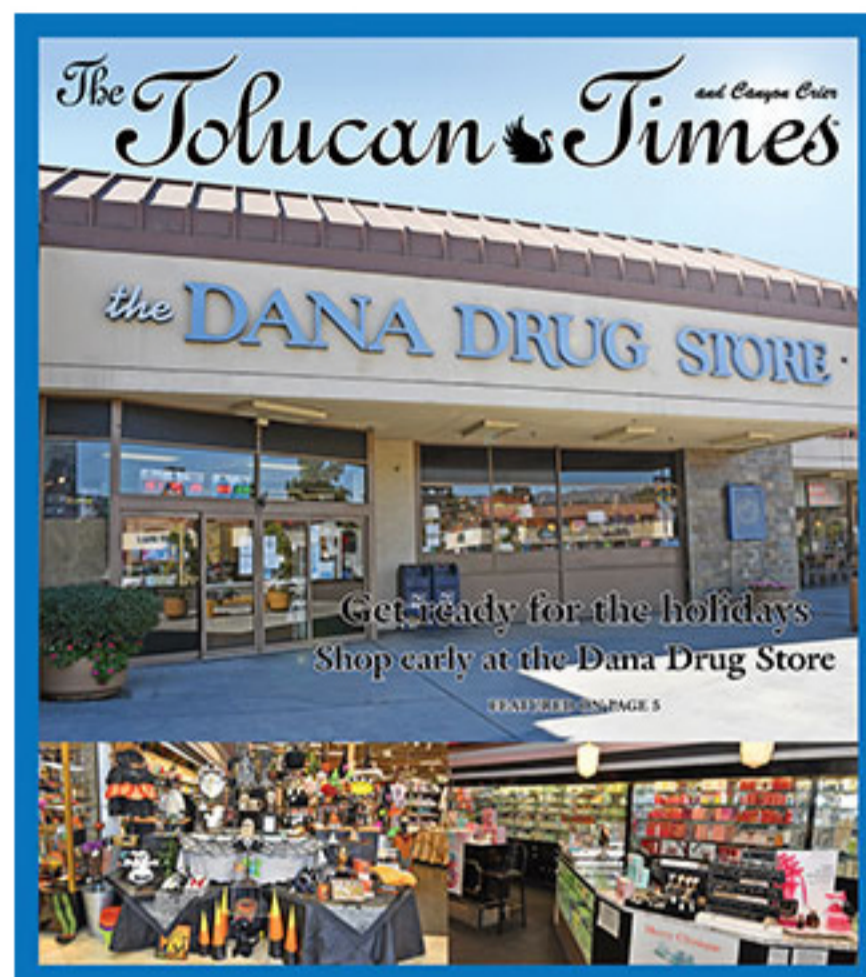
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