

COMMUNITY FOCUS

Naama O. Pozniak

The cozy, comforting streets of Studio City have been home to Naama O. Pozniak and her beautiful family for almost twenty years. Naama has been pursuing her passion to reduce healthcare costs and improving healthcare outcome for almost thirty years. Pozniak is the CEO of A+ Insurance Service, a local health strategic insurance advisor brokerage that provides individuals, employers, employees and seniors with the most suitable health plans that will satisfy their needs in this ever-shifting time. With skyrocketing health insurance costs, Naama and her team find solutions, introduce innovative tools, technology, online enrollment, healthcare reform information, resources and compliance that required by the new health insurance market.



When stepping into Naama's office one is overcome by a rare sense of tranquility and calm that is hard to come across these days.

This past April, Naama's continuing education class, "Reducing Health Care costs with Meditation and Yoga" was approved by the CA Department of Insurance. She will start teaching the class to insurance professionals beginning this month. "I strongly believe in the practice of yoga and meditation to promote self-health, vitality, kindness and gratitude," says Naama. "I know this will reduce health care costs."

Last June, Naama received an award from the Employee Benefit Advisory Magazine naming her among the top 25 most influential women in Benefit Advising nationwide. Naama is a single mother of two beautiful children, a Studio City resident and a dedicated yogi with a heart full of compassion and gratitude for her clients and those around her. To reach Naama & her wonderful team, please call at 818.508.7177 or email her at naama@aplusinsurance.net