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Award-winning Naama A. Pozniak and her team at A+ Insurance in Valley Village are experts at navigating customers through a sometimes confusing process. There is no charge to you for their services.

Healthcare open enrollment final deadlines approach

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BY JON KONJOYAN ON JANUARY 26, 2017

BEAUTY HEALTH & FITNESS

Those with a pre-existing condition urged to enroll ASAP as that does not bar one from coverage in the 2017 benefit year

Local insurance expert Naama O. Pozniak reminds those shopping for health insurance to watch the calendar as the end of this month is the final deadline. "This is the last chance to enroll before the market closes in 2017," she says. "If you apply by January 31st, you will receive a March 1st effective date for coverage."

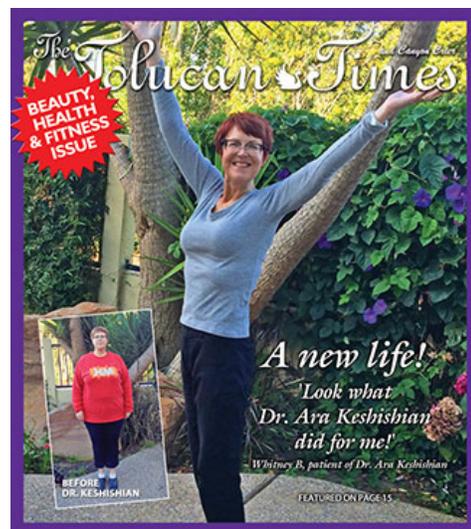
Pozniak and her team at A+ Insurance in Valley Village are experts at navigating customers through a sometimes confusing process. "This is your last chance to review, change or purchase your new policy for 2017 under both the private market and Covered California," she says. There is no charge to you for their services. Pozniak recently received an award from Employee Benefit Advisory Magazine naming her among the Top 25 most influential women in Benefit Advising nationwide.

There has been a high demand for Covered California plans again this year. "Don't wait to the last minute," she advises. "We are experiencing a very high volume of plan changes and purchases of new coverage for 2017."

Changes for 2017 include the penalty for not having insurance rising. Also, regarding the incoming administration's plans for the Affordable Care Act, she believes that drastic changes won't happen overnight. "In the meantime we all need to comply and get covered," she says. "Hopefully President Trump will make our healthcare 'Great Again!'"

Finally, Pozniak advocates best-health practices as the ultimate New Year's resolution. She says that in the U.S., one fifth of the economy is spent on healthcare, and stress is the top cause of many conditions. "Yoga and meditation are the easiest, simplest and quickest ways to help lower our stress and healthcare costs as

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a whole," she says. "Also, healing is a combination of what we eat and think and we have to remember it always."

A+ Insurance can be reached at (818) 508-7177 or visit RightPlan.com or stop by 12500 Riverside Dr., Suite 206, in Valley Village.

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ABOUT AUTHOR



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